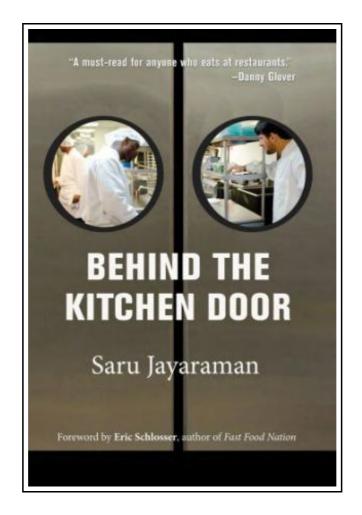
Behind the Kitchen Door



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Reviews

The ebook is straightforward in go through preferable to recognize. It typically does not charge too much. Its been designed in an exceptionally straightforward way and it is just following i finished reading this book where basically altered me, affect the way i really believe. (Dr. Reta Murphy)

BEHIND THE KITCHEN DOOR



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ILR Press. Paperback. Book Condition: New. Paperback. 208 pages. Dimensions: 8.9in. x 6.0in. x 0.7in.Sustainability is about contributing to a society that everybody benefits from, not just going organic because you dont want to die from cancer or have a difficult pregnancy. What is a sustainable restaurant Its one in which as the restaurant grows, the people grow with it. from Behind the Kitchen DoorHow do restaurant workers live on some of the lowest wages in America And how do poor working conditionsdiscriminatory labor practices, exploitation, and unsanitary kitchensaffect the meals that arrive at our restaurant tables Saru Jayaraman, who launched the national restaurant workers organization Restaurant Opportunities Centers United, sets out to answer these questions by following the lives of restaurant workers in New York City, Washington, D. C., Philadelphia, Los Angeles, Chicago, Houston, Miami, Detroit, and New Orleans. Blending personal narrative and investigative journalism, Jayaraman shows us that the quality of the food that arrives at our restaurant tables depends not only on the sourcing of the ingredients. Our meals benefit from the attention and skill of the people who chop, grill, saut, and serve. Behind the Kitchen Door is a groundbreaking exploration of the political, economic, and moral implications of dining out. Jayaraman focuses on the stories of individuals, like Daniel, who grew up on a farm in Ecuador and sought to improve the conditions for employees at Del Posto; the treatment of workers behind the scenes belied the high-toned Slow Food ethic on display in the front of the house. Increasingly, Americans are choosing to dine at restaurants that offer organic, fair-trade, and free-range ingredients for reasons of both health and ethics. Yet few of these diners are aware of the working conditions at the restaurants themselves. But whether you eat haute cuisine or fast...

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